



SURGICAL TECHNIQUE FOR OSTEOKNOT™ -EX

1.7MM ALL SUTURE ANCHOR WITH
2 PC #0 FIBER

FOR MENISCUS EXTRUSION REPAIR



STEP 1:

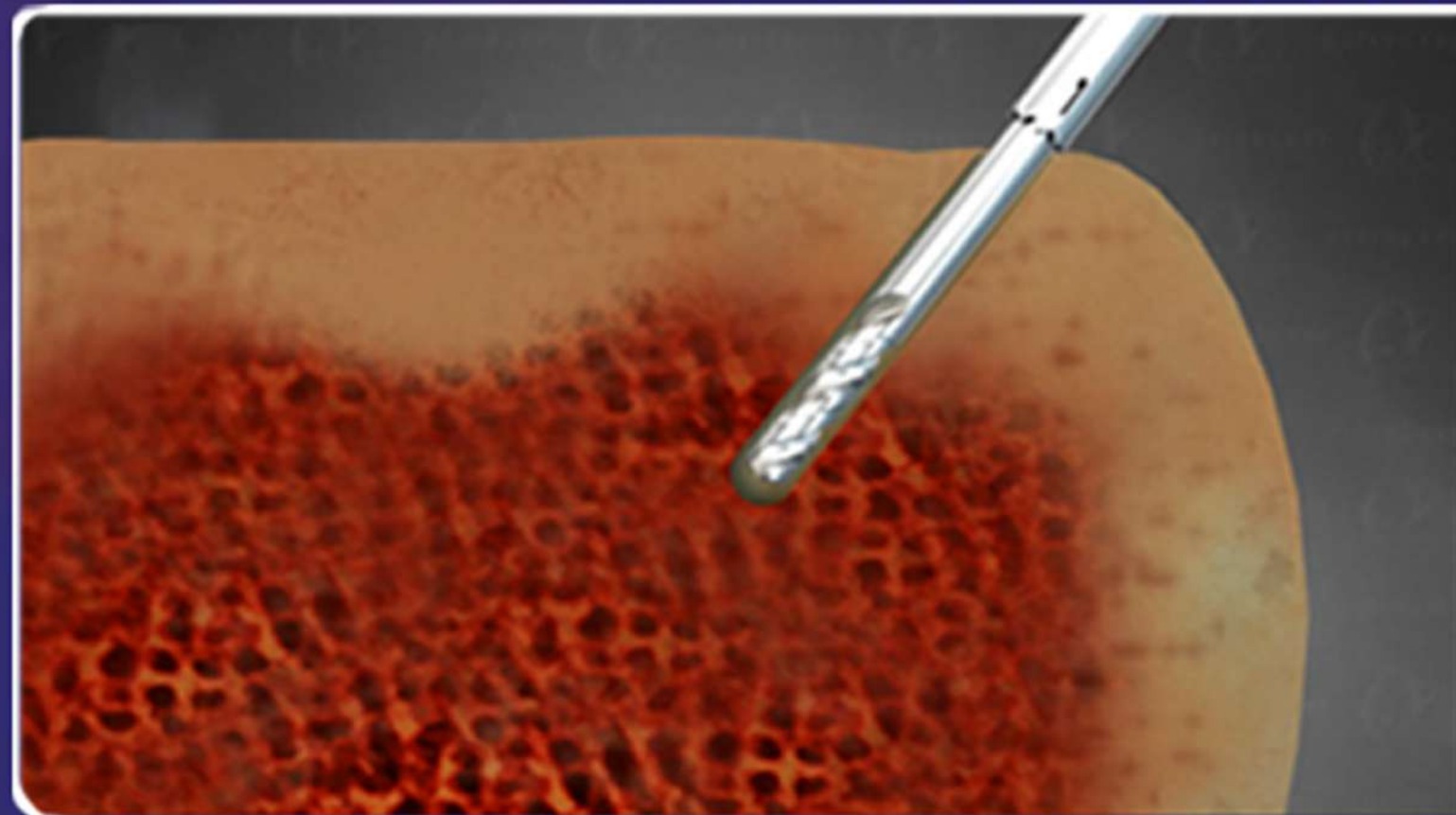
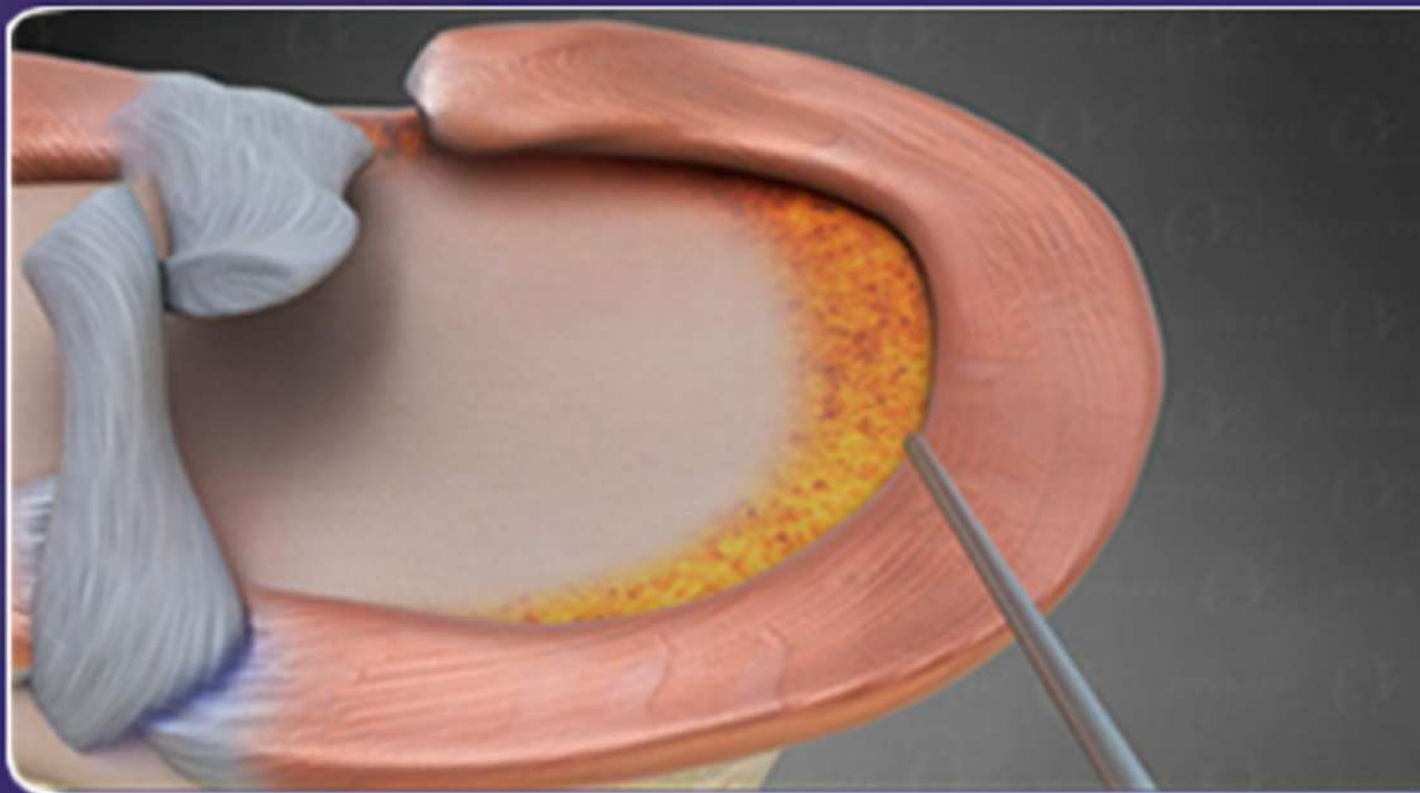
Create a high anteromedial portal for the anchor deployment.

High
Anteromedial
Portal



STEP 2:

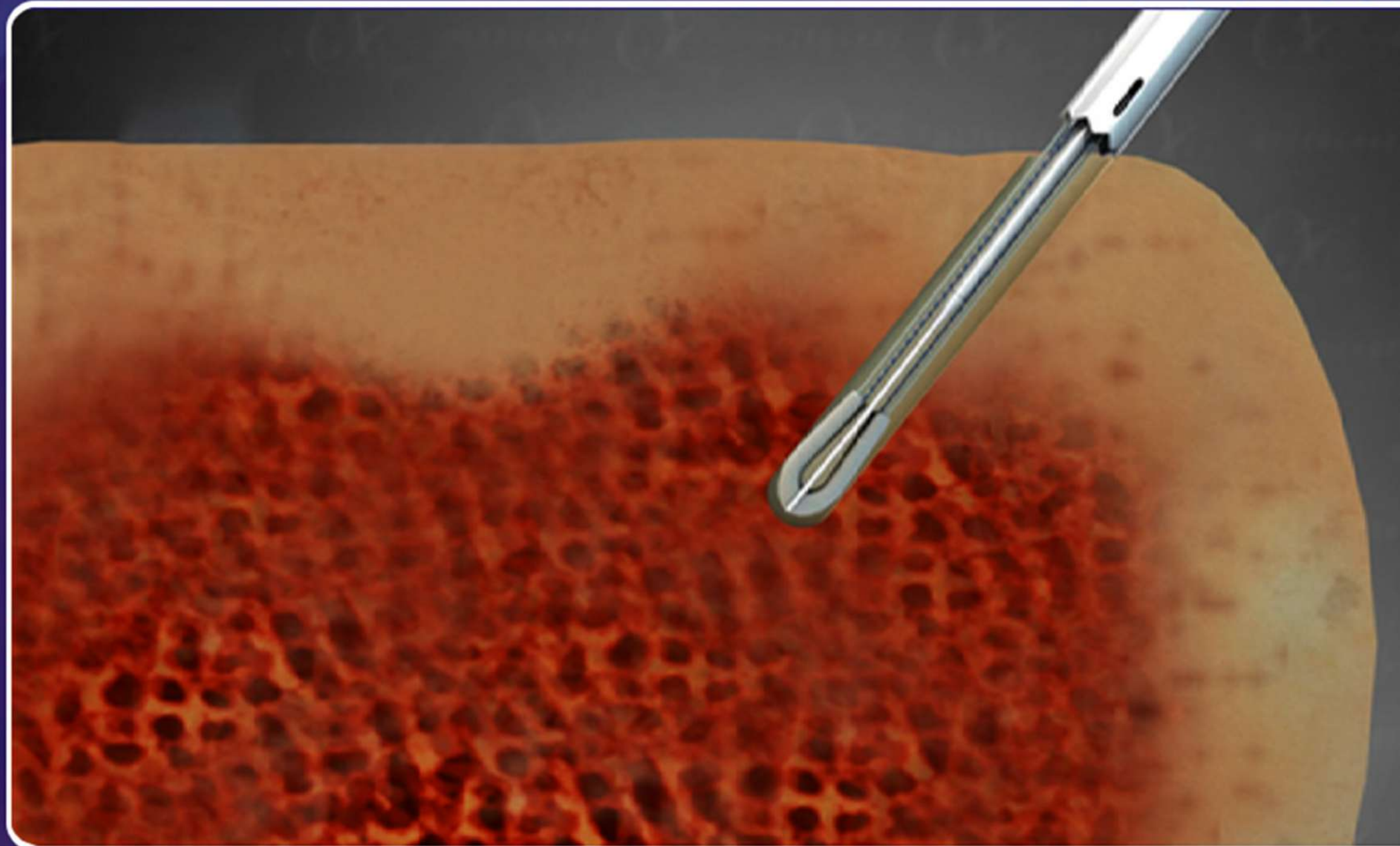
Place the Drill sleeve for OsteKnot™-Ex Anchor on the tibia and insert the 1.7 mm OsteoKnot™-Ex drill to create a pilot hole for anchor placement.



STEP 3:

Insert the OsteoKnot™-Ex anchor through the drill sleeve. Tap-in the anchor into the hole until the driver handle touches the end of the drill sleeve handle.

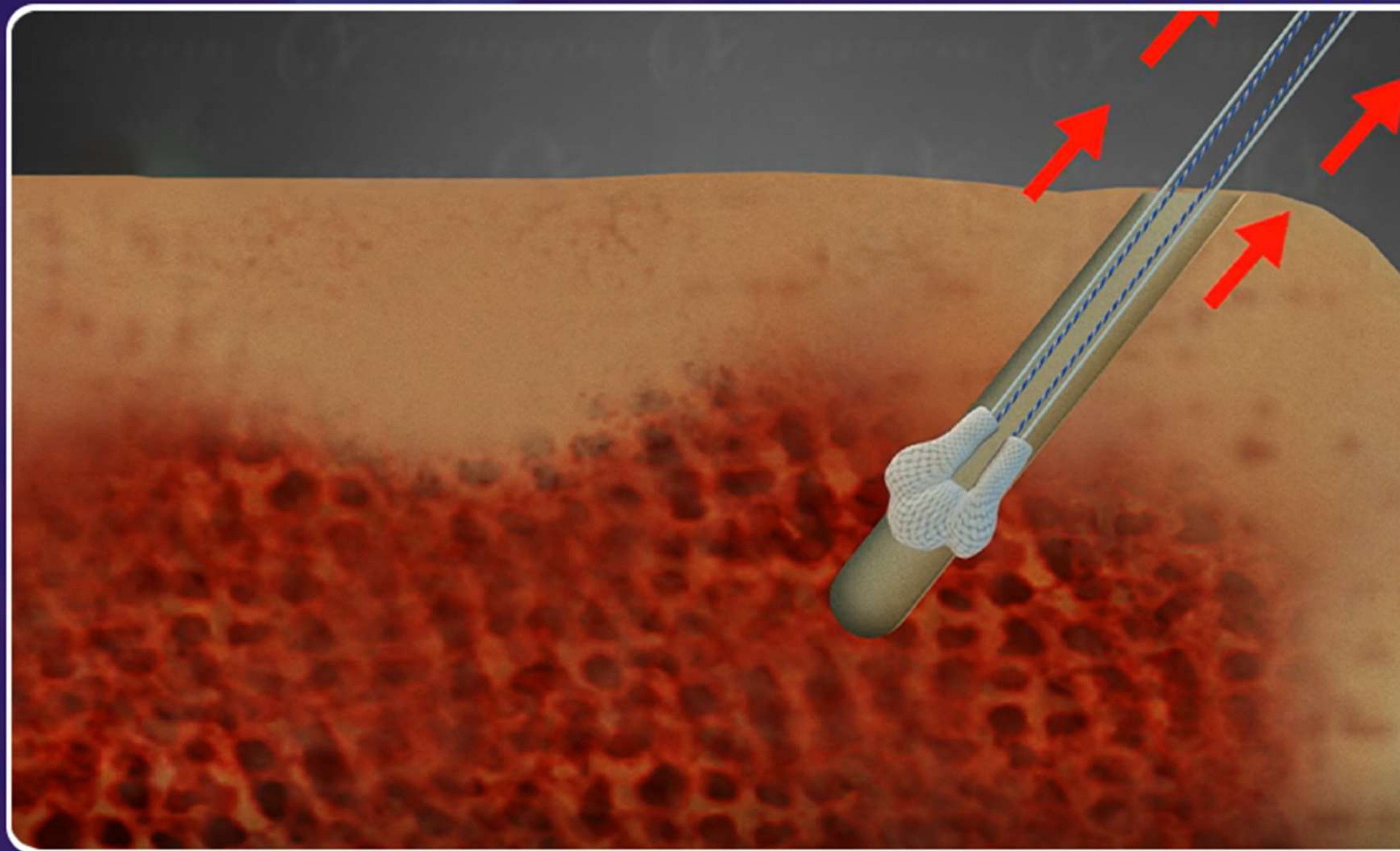
Once the anchor is fully inserted into the bone, remove the handle by pulling it.



STEP 4:

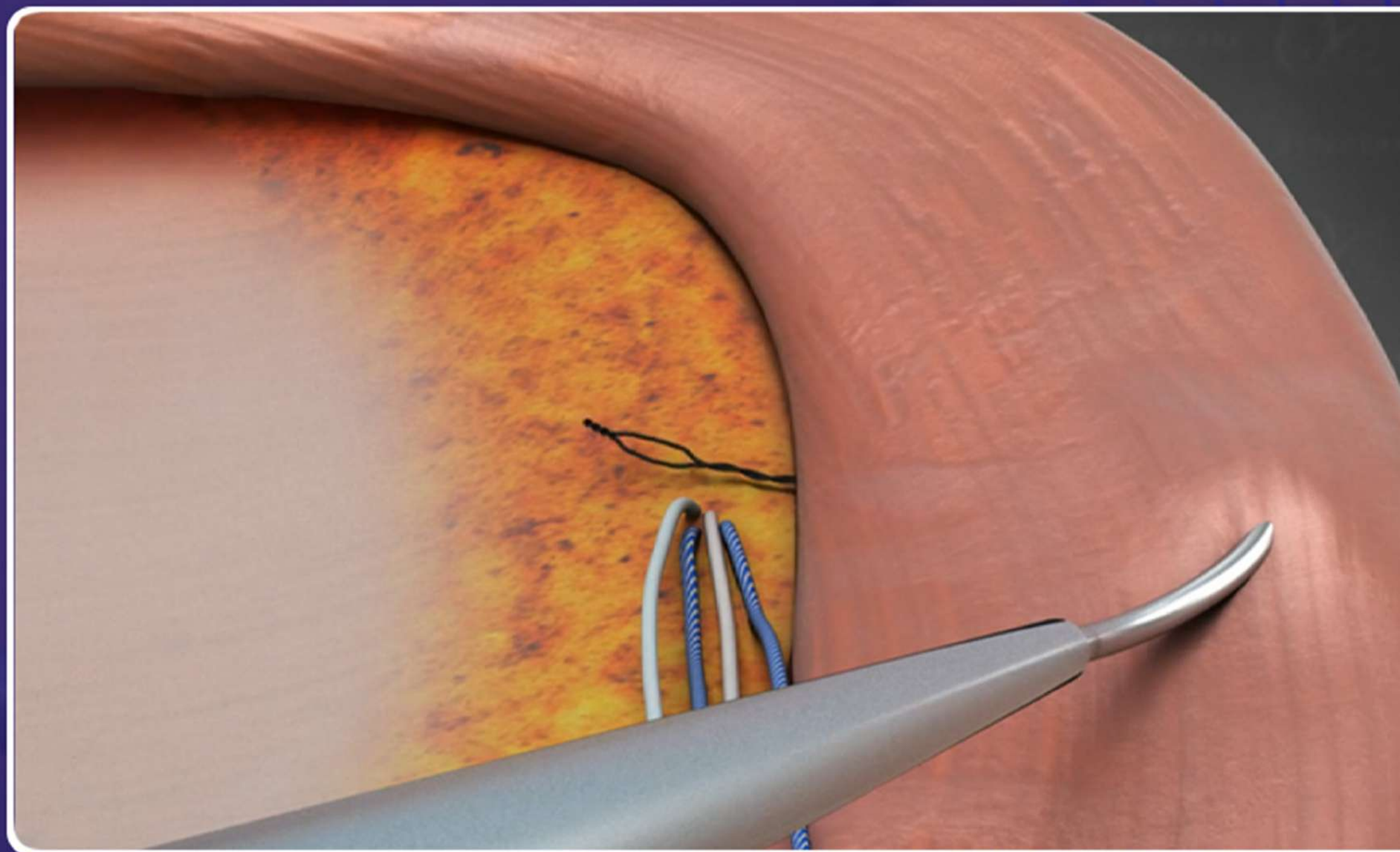
Pull all the sutures together to create a controlled bulge beneath the tibial plateau.

Pull the same coloured sutures to confirm the fixation.



STEP 5:

Using a 45 degree curved suture passer, pass all the sutures one by one through the meniscus.



LEFT

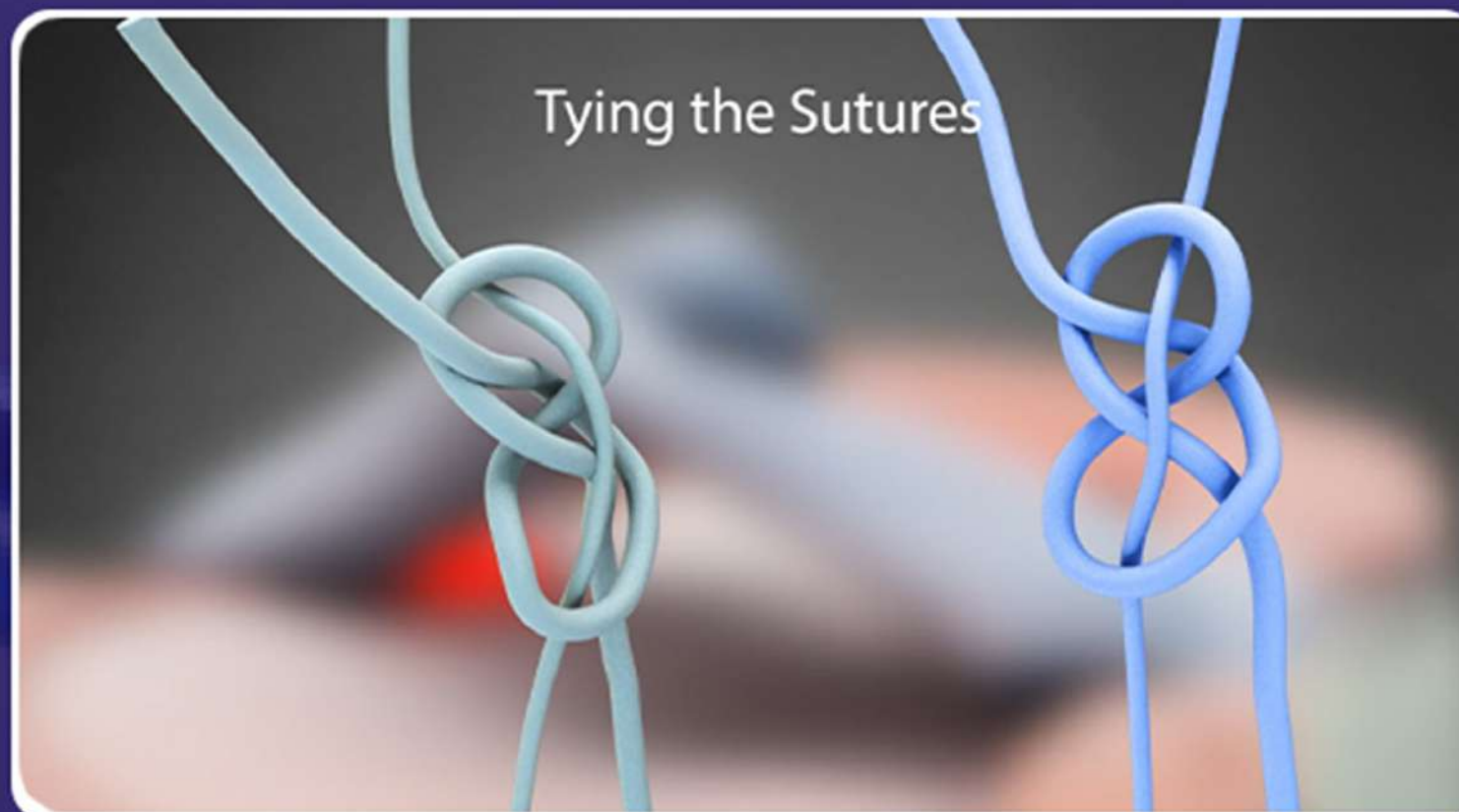
Suture Passer with Crosswire
(45-degree)



RIGHT

STEP 6:

Secure each colored suture with a sliding knot and advance it into the joint using a knot pusher.

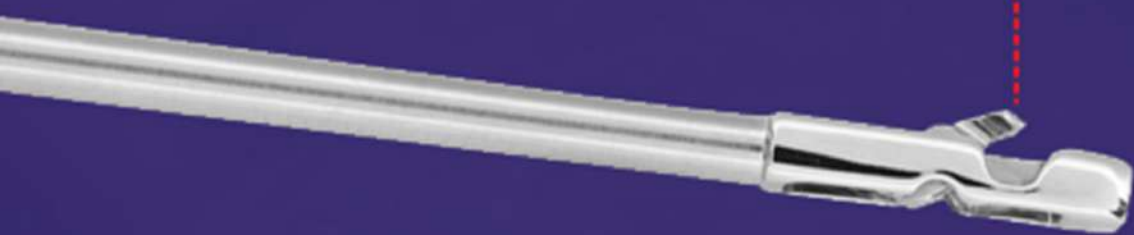


STEP 7:

Trim excess suture of the OsteoKnot™-Ex using a suture cutter



Suture Cutter





ORDERING INFORMATION

OC4575

OC OsteoKnot™-Ex All Suture Anchor with
2 pc USP Size 0 Fiber, Dia. 1.7mm

RELATED INSTRUMENTS

OC4716.2

OC Drill Sleeve for 1.4/1.7mm
OsteoKnot™ Suture Anchor

OC4737

OC Drill for 1.7mm OsteoKnot™-Ex
Anchor, Sterile

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